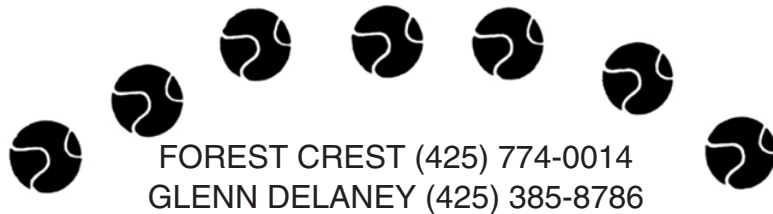

2009/2010 FOREST CREST
TEN & UNDER TENNIS



- COACH: GLENN DELANEY, USPTA/PTR PRO
- ALL CLASSES ON INDOOR COURTS
- STUDENT-TEACHER RATIO 6:1
- CLASSES SUNDAY THRU THURSDAY EACH WEEK

Brief Description:

Along with a 6:1 student-teacher ratio, this engaging program will employ all the positive aspects of QuickStart Tennis. QuickStart Tennis employs the format of graduated length instruction which modifies court, net, racket, and ball sizes to maximize your child's success! A fun age-appropriate environment accelerates the learning process and produces lasting results in your child's stroke development and focus. With experience and age, kids then graduate to regular sized courts and equipment.

Tiny Champs (TC), Ages 3-4

Fun is number one with this group! Here in a game based environment, these little ones are developing their balance, coordination and hand-eye while learning basic tennis skills. Parents are welcome on court to participate with the kids as well.

Future Little Champs (FLC), Ages 5-6

Developed for children ages 5 through 6, the primary focus of this popular program is to build confidence and self-esteem. Further emphasis is on the development of motor skills through tennis related games and activities. Constant activity, colorful teaching aids and fun games keep children stimulated.

Little Champs (LC), Ages 7-8

These 7 & 8 year olds are a more active group, still developing their fine motor skills. As this group is more socially aware and sports oriented, children will learn simple tasks then move onto more challenging group and team drills, fun exercises, and tennis games.

Little Champs (LC), Ages 9-10

These 9 & 10 year olds will start off with the basics of forehand and backhands, volleys, and serve strokes using them in a mini-tennis format of playing. A mixture of self, partner, and team drills; activities, games, and contests will enhance the fun of learning new skills.