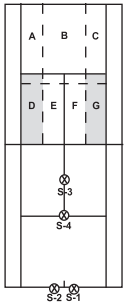
Passed SSV Date _____
SSV Score _____
Mobility Score _____

FCAC Level IV Skills Test

Advanced Intermediate to Advance
(For admittance to C-10)

	1st Try	Who Tested	2nd Try	Who Tested	3rd Try	Who Tested
Date						

Tester Use Only
Date Passed _____
Tester _____



Student Name _____ **Age** _____

Address _____

Phone _____ **Present Class Assignment** _____

E-mail _____

FH = forehand V = volleys BH = backhand OH = overhead S = serve

	1st Try	2nd Try	3rd Try
1. SERVE – ***standing at S-1/S-2 perform with a proper continental grip, stance, and follow through using jump step into the court***			
a) 3 out of 5 balls into deuce service court (area D) deep. ★	❒	❒	❒
b) 3 out of 5 balls into deuce service court (area E) deep. ★	❒	❒	❒
c) 3 out of 5 balls into ad service court (area F) deep. ★	❒	❒	❒
d) 3 out of 5 balls into ad service court (area G) deep. ★	❒	❒	❒
2. RETURN OF SERVE – ***standing at baseline in proper position and location***			
a) Return 3 of 5 balls deeper than service line from deuce box, cross court singles. ★	❒	❒	❒
b) Return 3 of 5 balls deeper than service line from ad box, cross court singles. ★	❒	❒	❒
3. GROUNDSTROKES – ***starting at S-1 or S-2 student uses open stance on wide feeds and shuffles back to proper position***			
a) AT S-1 hit cross court singles court 3 of 5 FH deeper than the service line with backspin. ★	❒	❒	❒
b) At S-2 hit cross court singles court 3 of 5 BH deeper than the service line with backspin. ★	❒	❒	❒
c) Starting at alley student must run down a ball feed close to opposite alley (singles court) using FH and hit running FH back deeper than service line cross court. Immediately student must run down and hit a running backhand back deeper than service line cross court. Student must continue this skill for 10 shots. Student must be successful hitting 8 out of 10.	❒	❒	❒
d) At baseline rally 1/2 court no alley, down the line with tester hitting 10 balls in a row deeper than service line using FH only, topspin and underspin without missing. (3 tries allowed)	❒	❒	❒
e) Same as "d". Using BH only, topspin or underspin without missing. (3 tries allowed)	❒	❒	❒
4. VOLLEYS – ***standing at S-4***			
a) Hit one-on-one volleys using either FH/BH, 10 in a row with tester at opposite service line.	❒	❒	❒
b) Hit 7 volleys in a row using either FH/BH to area B while rallying with tester at opposite baseline (3 tries allowed for each skill) Tester can take only 1 step in any direction for each skill.	❒	❒	❒
5. OVERHEADS – ***starting at S-3 in ready position perform with proper technique***			
a) Hit 3 of 5 jump kick overheads cross court to deuce side singles court. (Touching net after OH) ★	❒	❒	❒
b) Hit 3 of 5 jump kick overheads cross court to ad side singles court. (Touching net after OH) ★	❒	❒	❒
c) Hit 3 of 5 overheads off of deepcourt bounce into the singles court.	❒	❒	❒
6. SPECIALTY SHOTS – ***starting at S-1 or S-2***			
a) Hit 3 of 5 FH approach shots down the line to area C. ★	❒	❒	❒
b) Hit 3 of 5 BH approach shots down the line to area A. ★	❒	❒	❒
c) Hit 3 of 5 FH dropshots* down the line to the deuce service box. Shaded area G ★	❒	❒	❒
d) Hit 3 of 5 BH dropshots* down the line to the ad service box. Shaded area D ★	❒	❒	❒

* Dropshots - ball must bounce 3 times before crossing service line.

★ NOTE: Students will get 2 practice shots on each routine.