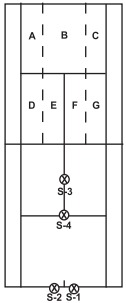
Passed SSV Date_____
SSV Score_____
Mobility Score_____

FCAC Level III Skills Test

Intermediate
(For admittance to C-8B and C-9) Circle appropriate class

1st Try	Who Tested	2nd Try	Who Tested	3rd Try	Who Tested
Date					

Tester Use Only
Date Passed_____
Tester_____



Student Name _____ **Age** _____

Address _____

Phone _____ **Present Class Assignment** _____

E-mail _____

FH = forehand V = volleys BH = backhand OH = overhead S = serve

	1st Try	2nd Try	3rd Try
1. SERVE – ***standing at S-1/S-2 perform with a proper continental grip, stance and follow through using step in or jump step into the court***			
a) 3 out of 5 balls into deuce service court (area D). ★	❒	❒	❒
b) 3 out of 5 balls into deuce service court (area E). ★	❒	❒	❒
c) 3 out of 5 balls into ad service court (area F). ★	❒	❒	❒
d) 3 out of 5 balls into ad service court (area G). ★	❒	❒	❒
2. RETURN OF SERVE – ***standing near baseline in proper location and ready position***			
a) Return 3 of 5 balls served into the deuce service box. Deeper than service line singles court. ★	❒	❒	❒
b) Return 3 of 5 balls served into the ad service box. Deeper than service line singles court. ★	❒	❒	❒
3. GROUNDSTROKES – ***starting at S-1 or S-2 student uses open stance on wide feeds and shuffles back to proper position***			
a) AT S-1 hit 6 of 10 FHs cross court singles court deeper than the service line. ★	❒	❒	❒
b) AT S-2 hit 6 of 10 BHs cross court singles court deeper than the service line. ★	❒	❒	❒
c) Starting at alley student must run down a ball feed close to opposite alley using (singles court) and hit 3 out of 5 balls back cross court. Cross court deeper than service line using their FH. Student must then sprint back to starting position for next feed.	❒	❒	❒
d) Same as C using back hands.	❒	❒	❒
e) At baseline rally 1/2 court plus alley with tester hitting 25 balls in a row using FHs and BHs (3 tries allowed)	❒	❒	❒
4. VOLLEYS – ***standing at S-3 using correct technique and footwork***			
a) Hit 3 out of 5 FH volleys cross court singles court deeper than the service line. ★	❒	❒	❒
b) Hit 3 out of 5 BH volleys cross court singles court deeper than the service line. ★	❒	❒	❒
c) Hit 25 one-on-one volleys in a row using FHs and BHs. (3 tries allowed / tester can only take one step any direction) while standing at opposite side S-3 position. *Balls will be fed by tester from the baseline for a & b.	❒	❒	❒
5. OVERHEADS – ***standing at S-3 with ready position perform proper technique and balance on finish***			
a) Hit 3 out of 5 cross court singles court deeper than the service line to the deuce side. ★	❒	❒	❒
b) Hit 3 out of 5 cross court singles court deeper than the service line to the ad side. ★ Lobs will be fed by tester from the baseline. Alleys do not count.	❒	❒	❒
6. LOBS – ***standing at S-1 or S-2 with tester standing at S-4 on other side of net***			
a) Hit 3 of 5 FH lobs over reach of tester deeper than the service line / cross court singles. ★	❒	❒	❒
b) Hit 3 of 5 BH lobs over reach of tester deeper than the service line / cross court singles. ★	❒	❒	❒
7. ***Those H.S. students that haven't tested Skills Test II must take tennis knowledge portion on Skills Test II.***	❒	❒	❒
8. ***If testing for C-9 student must have 5 sanctioned tournaments within last year before advancement.***	❒	❒	❒

★ NOTE: Students will get 2 practice shots on each routine.

Revised January 2008